## IMMANUELMONTHLY



# From Pastor's Desk The Blessings of Private Confession and Absolution: A Personal Story from a Penitent

By Rev. Jason M. Braaten

Some years ago I called my pastor to make an appointment for individual confession and absolution. Like many other Lutherans, I'd never done that before. You must understand that I hadn't robbed a bank or been unfaithful to my spouse. In fact, I hadn't sinned any more (or less) that week than usual. I simply desired to hear God's forgiveness, life and salvation proclaimed personally and individually. I learned that individual confession is a valuable pathway, given to us by God, for our spiritual renewal. You might ask, "Why would you want to seek individual confession when the general confession is already a part of the regular church service?"

Jesus instituted individual confession, instructing his church to apply the Gospel individually. Jesus told his disciples, "Receive the Holy Spirit. If you forgive anyone his sins, they are forgiven; if you do not forgive them, they are not forgiven." (John 20:22–23). God sent His disciples, in His name, to speak His forgiveness to penitent sinners. Many Lutherans have treasured the gift of individual confession. In fact, Martin Luther said that participating in the general confession exclusively was really only for the "strongest Christians"! Lutherans believe that individual confession is a comforting supplement to the general confession.

As I prepared to meet with my pastor, I'll admit that I thought much more deeply about the role of sin in my life than I ordinarily do. I began to review carefully the choices I'd made which prevented me from doing God's will, and I recalled the ways in which I had broken God's Law. I decided that there were really a number of sins troubling my conscience which I wanted to confess. I was confident that when those explicit sins were forgiven in the name of Jesus they would be gone forever.

Perhaps the most difficult part of individual confession was my reluctance to confess my faults in front of my pastor. Ordinarily most of us will do anything we can to have others think well of us. I wondered "what will the pastor think of me if he knows my specific sins and failings?" It was important for me to know that the pastor confesses his sins to another pastor. Therefore I was confident he would understand exactly how I felt and would be there to support and help me, not to judge me.

After all, who better than the pastor knows that we all battle against Satan, the world and our own sinful nature? It was important for me to learn, though, that if it is more difficult for me to name my sins before my pastor than it is to name my sins before Almighty God, I may not have been taking the magnitude of my sin nor the reality of God's wrath seriously enough.

I was relieved to know that there wasn't a "right" way to confess specific sins. I realized that I didn't have to mention every sin I had ever committed, and I also knew that I didn't have to provide all of the details surrounding my sin (God knows all of the facts, but He is pleased and eager to hear me confess the sin to Him).

In individual confession God would have us do away with our pretense and our

sinful pride so that we may speak the truth about our sin. In confession we can't offer rationales for our sin nor can we blame other people. My pastor once said in class, "in confession we're not interested in the extenuating circumstances, we're interested in the sin". When we confess, we give up all our defenses and we stand empty handed and without excuse before God, submitting to the promise of His grace. The only thing we can bring to God in confession is our sin and our contrite spirit.

As the rite began, my pastor knelt with me and I read an excerpt from Psalm 51. As I confessed the several things which troubled me, the pastor remained silent. He asked no questions and made no comments; I was speaking to God in the pastor's presence.

My pastor served as Christ's representative: The pastor heard my confession in the place of God; my pastor's voice spoke Christ's own Word of Absolution; and my pastor's hand raised to confer Christ's blessing. Luther described the pastor's role in individual confession like this: "It is Christ who sits there, Christ who hears, Christ who answers and not a man."

I'll admit that I felt shame; my pride made it difficult for me to speak about my disobedience to God. Yet I realized that Christ had not been ashamed to bear my sins publicly on His atoning cross. Therefore, I knew no sin was too shameful to confess and no sin was too trivial to be forgiven completely and eternally by Christ's perfect love.

God opens our lips to speak and then we must open our ears to hear what Christ would have us learn. After hearing my confession, the pastor spoke about the spiritual consequences of violating God's Law. He offered warning and counsel regarding the sins I had named. Hearing the

Law prepared my heart to hear the Gospel message, shared in the form of Holy Absolution. The pastor stood and asked if I believed that his proclamation of forgiveness was actually God's forgiveness. I answered, "Yes. I Do."

Then I listened to Christ, speaking in the voice and person of my pastor as the Holy Absolution was proclaimed. I had the sacred privilege of receiving Christ's healing and personal acquittal from my sin. My sin had been buried forever in the death of Christ and I had been raised up once again to live out His life within me.

The pastor closed the rite with a benediction. I realized that I had just participated in a miracle of grace and felt genuine awe. I had a keen awareness of God's presence, His personal love for me as His child, and a feeling of reverent celebration leading to praise and thanksgiving, with the desire for greater service and obedience.

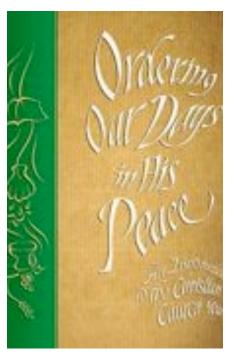
Many Lutherans have never participated in Individual Confession and Absolution. You may be uncertain about your desire or ability to do this, just as I was. I can only reassure you that I have had no regrets about choosing to do it, and I will participate

in the rite again because it has been so rich in personal blessing.

I would encourage you to consider the power and possibilities this Rite offers you. The power in this Rite is Christ's healing and transforming power to rescue you, renew you and set you free. And if the Son sets you free, Jesus said, you will be free indeed.

~ A Penitent

used with permission from http://www.doxology.us/ Downloads/26\_confessionabsolutionpersonal.pdf



The Book of the Month Ordering Our Days in His Peace: An Introduction to the Christian Church Year.

Present the life and work of Jesus and the Church through the times of the Church Year with Ordering Our Days in His Peace.

The Church Year not only orders our days, it teaches us the fundamental narratives of salvation's story. Through simple language, striking artwork, Biblical and liturgical text, Ordering Our Days walks the reader through the three main sections of the church

year: the Time of Christmas, the Time of Easter, and the Time of the Church. Each part of the Church Year has something new to offer and a new piece of the story to tell.

## From the President Love Your Pastor

#### By Rev. Matthew C. Harrison

"Obey your leaders and submit to them, for they are keeping watch over your souls, as those who will have to give an account. Let them do this with joy and not with groaning, for that would be of no advantage to you" (Heb. 13:17).

"Obey your leaders and submit to them . . ." What? In everything? In the color of the carpet in the parish hall? No. The reference is to submission to the clear Word of God. "Remember your teachers, those who spoke the word of God to you" (Heb. 13:7). The pastor wears a stole. He's yoked, a man under authority. He's been placed in an office by Christ, through your congregation, not to make you happy. He's there to bring you joyeternal joy through faith in the eternal Word of God. "Your words became to me a joy and the delight of my heart" (Jer. 15:16). That's a pastor's goal for all of us.

But we all have the sinful nature. So, when our pastor must speak the Law, we're prone to rebel, even become angry. "If it had not been for the law, I would not have known sin" (Rom. 7:7). "Sorry,



Continued on Page 4



## Order Your Very Own Copy of The Lutheran Witness TODAY!

Get your very own copy of *The Lutheran Witness* delivered right to your mailbox. Past issues have covered topics like: Defending your faith, 7 Myths about Death, Evidence for the Resurrection, The Church and Technology, and much more.

Call 1 (800) 325-3040 l or go to www.cph.org . Call and place your order TODAY!

#### **Continued from Page 3**

Carl! You and your girlfriend may be seventy years old, but shacking up is wrong. I don't care what the income tax ramifications are!" Can you imagine the pressure, the burden a pastor bears, being the one who must "give an account" for the souls of his flock? On top of that, he has to deal with his own conscience (clearly knowing right from wrong) and face the ire of one man, one woman, a family or even a whole community for saying and doing what is right. No man should face this alone. But pastors often do. It can break a sensitive soul. It can sap his preaching. It can kill his prayer life. It can destroy his home life. It can drive him into loneliness and bring his visitation to a halt. It can cause him to vanish from the community.

What God gives, we receive, including the words and person of our faithful pastor. When the pastor is speaking and teaching in accord with the Word of God, his authority is God'sboth to call sin what it is and to absolve (John 20:23). "He who hears you hears Me" (Luke 10:16). This authority would seem oppressive or prone to abuse. And it can be and isin its pseudo-forms. Jesus certainly did not "lord it over" anyone, and Paul followed Jesus in this regard. "Not that we lord it over your faith, but we work with you for your joy" (2 Cor. 1:24). Peter gives pastors a specific pastoral admonition against coercion of the flock. "Shepherd the flock of God that is among you . . . not domineering over those in your charge, but being examples to the flock" (1 Peter 5:23).

Have you ever considered how frightening a task it is to know you must speak the Word of God whether folks like it or not? And then to do so as a sinful, emotional, fearful "maggot sack" (as Luther called himself) makes it a super-human burden. It's only possible to carry out the task with the help of Jesus and His grace (2 Tim. 1:6). Such a burden, combined with an eternally important responsibility,



is enough to drive a man into loneliness and despair. But that's how Jesus became the Great Shepherd, and through crossesand only through crossesHe continues to make great shepherds of fallible men (Gal. 6:14; 2 Cor. 12:9). And through crosses, He also creates sheep ready to hear the voice of their shepherd and carry each other's burdens (including the pastor's).

reprinted with permission from The Lutheran Witness.

## Education Corner How Do I Speak to My Adult Children About Jesus?

By Rev. Todd Peperkorn

One of the questions that I am often asked as a pastor is how to speak to adult children about Jesus Christ and the Gospel. Every Christian parent, young or old, recognizes that they want their children to believe the Gospel, be baptized, and be connected to the Body of Christ, the Church. This is a part of who we are as Christians, as Saint Paul wrties to the Ephesians "And, ye fathers, provoke not your children to wrath: but bring them up in the nurture and admonition of the Lord." (Ephesians 6:3–4)

So the question goes something like this: "But what do I do when my children are adults and have either left the Christian faith entirely or the Christian faith is no longer a meaningful part of their lives? I don't want to drive them away, but it weighs on me deeply. What can I say or what can I do to bring them back to Christ?"

It's a tough question. There are no simple or stock answers that will fix things, that is for certain. But here are a few ideas to get the conversation started:

**DO love your children continuously.** Hold them up in prayer, give them your affection, and help them in any way you can. They are your children. Be their parents. Your actions will speak louder than words.

**DON'T be afraid.** I know, that's hard. There is a lot at stake. But Christ promises that He will never leave nor forsake His children. If God can raise Jesus from the dead, then surely he can change the hearts of His wayward children here on earth!

#### DON'T try to argue them back to the

**Church.** Chances are that their falling away from Christ and the Church was the result of years worth of work and attack on Satan's part. It isn't so simple as a piece of information is missing. So engaging in an argument will probably just cause a fight and won't actually get anywhere.

SHOW them how important this is to you. It is easy to want to avoid talk about Christ and the Church because it might get awkward. But if it is important to you, and they love you, they will want to listen to what you have to say. This might mean bringing it up in different ways. Write a letter, send an email. What about a baptismal anniversary card?

OFFER to help with transportation or other barriers, especially if there are grandchildren involved. While it may not be everything, demonstrating that you are willing to sacrifice in order to keep them connected, well, it will make a difference.

I know that this isn't magical and that it is very hard. But God is merciful, and He wants your children here as much as you do! In the words of St. Paul, "...let us not grow weary of doing good, for in due season we will reap, if we do not give up." (Galatians 6:9)

May

Jun

Jul

### Facts and Figures; Dates and Times

15 Jul

22 Jul

29 Jul

Greg Nau

Greg Nau

Greg Nau

Greete	rs List	Aug	Josh & Jaimee Whitson
3 Jun	Joan Vukelich – West	Sep	Laverl Byers
10 Jun	Laverl Byers - East Becky Kappes – West	Altar Co	ommittee
	Tim & Teri Pollock – East	3 Jun	Janet Stumeier
17 Jun	Harold & Irene Wattjes – West	10 Jun	Janet Stumeier
	Donna & Gunnar Campbell – East	17 Jun	Janet Stumeier
24 Jun	Jim Dyer – West	24 Jun	Wanda Long
	Joan Vukelich – East	1 Jul	Wanda Long
1 Jul	Laverl Byers – West	8 Jul	Wanda Long
	Ruth Sims – East	15 Jul	Delores Ford
8 Jul	Becky Kappes – West	22 Jul	Delores Ford
	Tim & Teri Pollock – East	29 Jul	Delores Ford
15 Jul	Harold & Irene Wattjes –West Donna & Gunnar Campbell – East	Elder Or	n Duty – Communion
22 Jul	Jim Dyer -West	3 Jun	Jack Appleby
	Ruth Sims – East	10 Jun	Jack Appleby
29 Jul	Joan Vukelich -West	17 Jun	Jack Appleby
	Laverl Byers – East	24 Jun	Josh Whitson
Coffoo	•	1 Jul	Josh Whitson
Conee	Committee	8 Jul	Josh Whitson

Arleigh & Mary Jane Jones

Pastor & Lauren Braaten

**Ruth Sims** 

ATTENDANCE		OFFERINGS			
Date	Saturday	Sunday	General	Missions	Building
6 May	21	69	\$3,217.25	\$0.00	\$0.00
13 May	21	81	\$1,987.21	\$0.00	\$180.00
17 May	20	0	\$0.00	\$0.00	\$0.00
20 May	21	71	\$2,147.25	\$0.00	\$20.00
27 May	22	67	\$2,337.05	\$0.00	\$0.00
Subtotal	105	288	\$5,554.30	\$0.00	\$200.00
Total	39	93	\$5,554.30	\$0.00	\$200.00

Sanday	Monday	Tuenday	une 2012. Church Caler Medicader	dar Thursday	Fredey	Saturday
	S M T W T W T W T W T W T W T W T W T W T	**************************************	Jel 2013 T W T F S 13 10 10 2 0 7 110 13 10 20 21 24 25 26 27 28		-G Ang-comma-g	2 5.36.748 Dienee Service Communical Amen Anthus
9 on All Drine ServerComments 10 15 All floog war to near the flowbers I year Ambersary of the Ordinane	4 can Methoda con Petition sector improduct concept havens thosen	5 cas and state-on Chairman Ford Chairt in Market Wangfror	6 rati Militares George & Caroly Coardini	7 130 ANT Marin Martinel Fronton Traine & Marylon Transpore Countril & Colorest Tree	8 Panari Day De	9 s. 10 Hallbrow Server Communical
1.0 sep AM Dwess Sensed Cemparion 19, 15 AM Base Cless	1.30 Methers. 3.00 Philibologys	12 Patrial Marsa Intellia copo a Assemble	13 130 Additions	14 231 Martin	15 Pamen Day Ga Court Way Chair Barrett	I.6 5.30 PM Overse Service/Computation
17 9-00 ANJ Device Sended-Communica 10-15 ANJ Bibbs Class Belling Leminati Restor on Macadion	18 130 Mt Mens. 4:00 PM 18400-00	19 manusers	20 130 Millshess Cadwo Pellestange	21 230 Ald Marie Carry A Marijor Mari Sleve Hispordori	22 Param Day Dr	23 4.38 NJ Dense Seriopi Communication Accoppt & Mary Lores Lores Lores & Accompanied
24 List Ald Deise Sensio Commensor 10.15 AM Bible Cleas 7:00 FM Youth Cleag Ann Camed	25 130 Mil Nimes. 100 Mil Nimese-se Deadine See Seepte	26	27 130 Million Particioni Wate Camerata	28 Littribution set this body Titribution Titribution Titribution Titribution Equation Miscorety Bosons	29 hembyo.	30 s ste Nu Dune Seven Communica

July 2012 Charch Calendar

Sanday	Mornday	Thersday	Wednesday	Thereday	Freday	Subordey
I 9.00 ANJ Dreme Service/Corresponden 10:15 ANJ State Chro- pator & Them Stokers Trems Police &	2 Liberthions and Nations	3 130.00 Mem Mark William	4 7.30 AM Mores Synch Lanc Bookes	2 ransmer	outer by or	5 to 24 Dense Service Services
9 Y OR ANJ Brune SonvoicCommunion 10 15 ANJ Bible Corn 11115 ANJ Charth Countil Brune Rahm Harmert Cype	9 Fig. 44 Mores 5 00 PM Mexics Marije Menn	IO	II	12 Fath Milliams Dy Obel A Harry Dy Obel Manages	13 Paran Day D. Garra Campbel And & Mary Appelly	14 s no that primes Someon Communicae Someon Communicae
1.5 soit AM Swin Seriod Committee 10.15 AM Bibe Closs	16 236 All Mores a contributions 130 Partment (ferress Feder	17 130 M Mora taria feelin	7.38 Maldhers. Fater or than-on	19 130 Millions	20 Perior Day 0- count todo Cembri	21 3.30 Pd Diese SeconCommence
22 Volt AM Bern 10.15 AM Best Coro	23 Tata Al Nama State An Invating Centy & Therma Teath Mayer Actual	24 7.35 No Marco James Hertaugh James Hata School	25 238 Ad Mon- Laseria market David market Nachdon Augebby	26 130 Milliotee Ac Mass Shaft 130 Milliotes Material Science	27 Hisporter/Shee Bisserral Featury Sheen Conty Stateme John Statem	28 Higenticities Vesting 5 to the tries Seconformance Magnification
2.9 you like been been been been been been been be	30 Literations States Spense	31 Confidence Confidence Gentlement Jacon Compile	× = = = = ×	Jan 2512   S   4   5   4   5   4   5   4   5   6   4   5   6   5   6   6   6   6   6   6   6	Aug 2012 S M T W T S 6 7 8 9 12 13 14 15 16 119 20 21 22 23 26 27 28 29 30	F 8 3 4 10 11 23 25 31 25

### In This Issue . . .

From Pastor's Desk	1
Book of the Month	3
From President Harrison	4
Education Corner	6



IMMANUELMONTHLY
600 E Northline Road
Tuscola, IL 61953
www.immanueltuscola.org